Our New Website
We have recently launched our new website and it has received rave reviews. It’s very interactive and has many videos with residents talking about the community and its offerings. You can see 3D floor plans, join our eNews list or download the latest newsletter and calendars.
Go to riverlandingsr.org and let us know what you think.

Our Winter Block, a five-part series about the Arab Israeli conflict, began on January 28. While you will receive the course catalog soon, we thought you’d like a sneak peek at some of the classes we will offer. The list is tentative and will depend on meshing the presenters’ schedules with our already full calendar.

Classes and Presenters
American Art: 1800-1900
Philadelphia Museum of Art
Back to the Fifties: Behind the American Dream
Creative Learning Factory
Composer Spotlight: Ludwig Von Beethoven
Cleveland Institute of Music
Henry Ford
Hank Finken: A National Theater Company of One
Broadway Babies: A Jazzy Look at Broadway
Manhattan School of Music

Scottish Referendum and the Consequences of Independence
The Institute for European Studies
An Interview with Benedict Arnold
The Sheffield Museum of Rural Life (Canada)
Vision of Unity: The Story of Tecumseh
Creative Learning Factory
Slaves to Soldiers
Burritt on the Mountain
Impressionism
Cleveland Museum of Art
Investigating the Lincoln Assassination
Ford’s Theater
Mrs. Polk
The President James K. Polk Museum
I am an American! Japanese Internment in WWII
Cleveland Institute of Music
San Francisco Giants: The Team Behind the Team
AT&T Park: Home of the San Francisco Giants
Civil War: A Soldier’s Story
Fort Mifflin on the Delaware

UPDATES FROM THE RESIDENT COUNCIL
Elections
Betsy Irwin, Linda Stamey, Bill Mewborne and John Hoyt were elected to the Residents Council. Tom Burleson is the 2015 chair.
Gift Shop
After successfully reorganizing and running the popular gift shop the past two years, Carolyn Wernyss and Joyce Guffey have stepped down. MaryBeth Lynch and Terry Otten will lead the charge this year.
Proposed Affiliation
The proposed affiliation with Friends Home is still in the due diligence period.

What Makes River Landing Unique
With more than 1900 continuing care retirement communities (CCRCs) in the United States, one might surmise that one community is much like another. While most CCRCs share some characteristics (living options, healthcare, etc.), each community has its own focus and feel.

Many of you have been to several CCRCs as you searched for your next home. One couple living at River Landing visited 41 communities before they chose us. That’s a little extreme, but we can take some lessons from their experiences without traveling the thousands of miles they did.

What did they look for when they visited each CCRC? Some of the things on their checklist are fairly basic. Was the staff friendly? Were the dining options varied, nutritious and tasty? Was the community Medicare certified and highly rated? Was the organization financially stable? Was the CCRC not-for-profit?

They culled their list using the above criteria and took a deeper look into those that made the cut. They questioned what made each community unique. After all, they were looking for a new home that they hoped to live in for 30+ years.

When they compared River Landing to their other communities (CCRCs) in the United States, one might surmise that one community is much like another. While most CCRCs share some characteristics (living options, healthcare, etc.), each community has its own focus and feel.

A community should be constantly evolving. As interests and passions change and new technologies and processes emerge, they should become part of the culture of the community. River Landing isn’t stagnant. Our residents and staff constantly scan the horizon for possibilities.

Some activities are time honored—the River Landing band, having begun at Presbyterian Home of High Point, has been playing for 50 years. Others, like the River Men, River Belles, River Chimes and River Landing Players, have been more recently created out of demand by and for residents.

There is no “status quo” at River Landing. You will come with your interests, hobbies and passions. From those will come a whole new set of groups, activities and thought processes. You will help us continue to breathe new life into our community.

Tom Smith, our Executive Director, has a vision: he wants River Landing to be the best CCRC in the United States. As part of that vision, he believes that change is not only inevitable but that thoughtful progress is the lifeblood of a community. We look forward to you becoming part of our ever evolving future.

Perhaps H.G. Wells said it best: We should strive to welcome change and challenges, because they are what help us grow. That, in a nutshell, is what makes River Landing unique.

“Without Valentine’s Day, February would be...well, January.” –Jim Gaffigan

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**February On-Campus Happenings**

A Second Chance at Life

Tuesday, February 3, 7:00 p.m.
Multi-Purpose Room

Join River Landing resident Neal Atkinson as he shares pictures and stories about an International Humanitarian Program between Rotary clubs of North Carolina and the island nation of Sri Lanka. This program provides artificial legs for people ranging in age from 3 to 80 who have lost limbs due to infection, accidents, birth defects and the ravages of war.

See and hear the happy "Second Chance at Life" results. The stories will move you and help you understand how lives can be changed with our help. Neal, who is a long-time veteran of the program, will also show how people live in Sri Lanka.

**River Landing Players Drama Club**

Thursday, February 12, 1:30 p.m.
Main Living Room

Although the drama club only began a couple of months ago, the members showed us what they will do during our New Year’s Eve Party. They welcome anyone interested in participating to come to the next meeting on February 12.

They will brainstorm ideas for possible programs. The group will mainly perform two-person plays and skits—both memorized and stage readings. For more information, please contact resident Dick Strohmeyer.

**Healthy Living Luncheons Statins**

Wednesday, February 18, 11:30 a.m.
Multi-Purpose Room

Statins are a commonly used medication that lowers cholesterol by inhibiting the enzyme that facilitates production of cholesterol in the liver. Though proven to be highly effective, there has been a recent surge of complaints regarding negative side effects related to their usage.

Dr. Jeffrey Clevenger, a cardiologist with Novant Health, will debunk the most popular myths and discuss the latest findings about the use of statins in most patients without complex contraindications. You will leave knowing both the facts and the fictions of statins. Please call Judy Jordan (336-389-4117) if you are interested in attending. Tickets are $20 per person.

**High Point Enterprise Tour**

Wednesday, February 11
Leave River Landing at 1:30 p.m.

The High Point Enterprise newspaper was established in 1885. It acquired the Thomasville Times in 1958. After outsourcing printing for years, the paper will bring those operations in house using a new 20-unit printing press in a brand-new location in High Point.

We will tour with editor Megan Ward and Don Wheeler, an employee of the paper. You will get an up-close look at the new printing press and learn how the staff comes together to produce a newspaper each day. Mr. Wheeler is also a collector of old newspapers and will show us some of his collection from historical events, such as the day J.F.K. was shot. You will want to wear old shoes and dark clothing because you will be around ink.

**James Giles Pianist**

Christ United Methodist Church
Friday, February 6
Leave River Landing at 6:30 p.m.

A native of High Point, James Giles regularly performs to acclaim throughout North America, Europe, and Asia. Recent tours have taken him to the Nancy Music Festival in France, the Accademia Cristofori in Florence, the Gijon Piano Festival in Spain, the Amalfi Coast Music Festival in Italy and the Beijing International Music Festival.

With an eclectic repertoire encompassing the solo and chamber music literatures, Giles is equally at home in the standard repertoire as in the music of our time. Please call Judy Jordan (336-389-4117) if you are interested in attending. Tickets are $25 per person.

**A Second Chance at Life**

Thursday, February 12
Leave River Landing at 7:00 p.m.

Join River Landing resident Neal Atkinson as he shares pictures and stories about an International Humanitarian Program between Rotary clubs of North Carolina and the island nation of Sri Lanka. This program provides artificial legs for people ranging in age from 3 to 80 who have lost limbs due to infection, accidents, birth defects and the ravages of war.

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David McClintock, Minstrel Pianist

Tuesday, February 10, 7:00 p.m.
Multi-Purpose Room

David McClintock, who began playing the piano at the age of four, plays completely by ear and does not read music. He regularly tours throughout the United States, United Kingdom and Russia. McClintock was featured in Billboard Magazine, has made several national television appearances and has inspired numerous productions around the globe. The story takes place in 1931 Berlin, Germany as the Nazi Party is rising to power.

The story is largely set in the nightlife at the seedy Kit Kat Klub. Cabaret revolves around the 19-year-old English cabaret performer Sally Bowles and her relationship with the young American writer Cliff Bradshaw. Please call Judy Jordan (336-389-4117) to see if there are any tickets available. They are $11 per person.

**The Letterman in Concert**

Carolina Theatre
Thursday, February 19
Leave River Landing at 7:15 p.m.

While the letter sweaters may only make a brief appearance at each Letterman performance, the Letterman harmony is non-stop. Eighteen Gold Albums worldwide and scores of top singles attest to a popularity that has endured through several generations.

Lending that well known harmony to every arrangement, they have proven that love ballads have an appeal that knows no boundary and will continue to stand the test of time for years to come. Please call Judy Jordan (336-389-4117) to see if there are any tickets available. They are $26 per person.

**February Off-Campus Happenings**

The Tony Award winning musical Cabaret first opened on Broadway in 1966. It was made into a film in 1972 and has inspired numerous productions around the globe. The story takes place in 1931 Berlin, Germany as the Nazi Party is rising to power.

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